GENERAL DESCRIPTION

The Outpatient Treatment Program provides a variety of treatment services that include individual, group, and family counseling and education on recovery, wellness and resiliency. Treatment is provided in a coordinated, comprehensive and defined structure and may vary in level of intensity. Treatment services are designed to assist the person served to achieve identified goals toward recovery, related to areas such as psychological or social functioning, self-esteem and growth, coping and decision making abilities, relational problems, and mental illness symptom reduction.

Records are maintained in an electronic medical records system designed and maintained by the South Carolina Department of Mental Health. This includes a standardization of assessment forms, physician’s medical assessments and clinical service notes. This technology allows immediate access of medical records of any active or discharged client from anywhere in the state of South Carolina. Tele-psychiatry availability is expanding and we have invested in the equipment necessary to capitalize on this service. We additionally maintain a website allowing person’s served access to information concerning services available.

We fully integrate treatment with other agencies such as Vocational Rehabilitation, including having one of their staff located in our facility. They work hand-in-hand with our own Individual Placement and Support (IPS) clinician to facilitate employment opportunities. We work with Behavioral Health for substance abuse treatment, and with clients with a serious mental illness and substance use we provide our own Dual Diagnosis services. Out stationed child and adolescent staff are located at our Department of Social Services offices and Juvenile Justice Office. School Based staff in our catchment area also integrates services within school systems.

In conjunction with Outpatient Treatment persons served may also receive Targeted Case Management Services to address emerging needs such as housing, financial needs, and medical home needs. Peer Support Services are additionally available to assist clients in understanding and managing their mental illness, wellness, resiliency and developing support systems.

POPULATION
Outpatient Treatment Services are available to adults, children, and adolescents and their families.

ADMISSION CRITERIA
Any person experiencing a treatable mental illness and who could likely benefit from individual, group, or family therapy is eligible for admission. Maximum benefit from this program is expected to be reached within a six month time frame. With sufficient justification the length of treatment may be extended based on the needs of the client. Referral sources and recommendations will be provided as needed by clinical staff, or at the request of the person served.

Last Modified 6/2015 ELT
HOURS OF OPERATION
Outpatient services are available Monday through Friday, 8:30 a.m. to 5:00 p.m. This program is closed on DMH approved Holidays. Additional hours may be available on request.

AFTER HOURS CONTACT
Emergency after-hours crisis intervention is available by calling the AOP Center phone number or County Clinic phone number, which is transferred to a centrally answered crisis line for after-hours services and response. Clinicians in each County are on-call to respond to calls needing a Mental Health Professional’s (MHP) intervention. This intervention includes responding to local emergency rooms after hours, for assessment and consultation for commitment purposes.

ADEQUATE RESOURCES
Provision of outpatient treatment continues to be a priority for the AOP Board of Directors and our Mental Health Center. Staff assignments and other financial resources are allocated to support the Outpatient Treatment Program. Adequate facility space is provided for staff to meet client needs for treatment in a comfortable setting.

TREATMENT SETTING
Outpatient treatment may be provided in a number of settings based on treatment needs for the person served. Outpatient Treatment is provided in clinic as well as community based settings.

PHILOSOPHY
We believe the people we serve have the right to personal dignity, respect, and the highest possible degree of independence. We are committed to services that promote the individual’s recovery from mental illness and that are delivered in the least restrictive environment.

In active partnership with the person served, Outpatient Treatment provides services that are based on individual strengths, needs, abilities, and preferences with a focus on building or increasing existing levels of functioning and reducing symptoms of mental illness. Emphasis is placed on helping the person served accomplish self-described goals, as well as increasing abilities to function within the family, school, workplace and/or community.

FEES AND PAYOR SOURCES
The Department of Mental Health accepts major payer sources including Medicaid, Medicare and Private Insurance. During the administrative intake, individuals are provided a copy of the current rate schedule. At any time individuals may contact their local clinic to ask the administrative specialist current rate schedules, or to determine insurance coverage.
OUTPATIENT TREATMENT | PROGRAM PLAN

GOALS, OBJECTIVES, OUTCOMES

➢ To provide timely and accurate assessment that identifies behaviors, symptoms, and issues that may benefit from treatment and provide the necessary framework for treatment planning.
➢ To provide linkage and integration with other community services when indicated.
➢ To assist individuals and families to meet identified goals through the use of brief strategic type interventions such as cognitive behavioral therapy, education on wellness and recovery, and interpersonal and/or social skills development.
➢ To maximize individual and/or family functioning.
➢ To measure and demonstrate progress of the person served through the use of such outcomes measures as Global Assessment of Functioning (GAF) Scale, client employment, housing, and community tenure, achievement of client self-described goals, AOP Post Assessment Survey and MHSIP Survey.

DESCRIPTION OF SERVICES
Outpatient treatment is provided on a one-to-one basis or in groups and includes the following list of services, based on the needs of the person served:

Assessment
Individual Therapy
Family Therapy
Group Therapy
Crisis Intervention Service
Service Plan Development
Psychiatric Medical Assessment
Nursing Service
Medication Monitoring
Injection Administration Service
Behavioral Modification Services
Family Outreach Services
Dual Diagnosis Services
Peer Support Services
Individual Placement and Support Services
ACT-Like in-home services

SPECIAL POPULATIONS
Needs of special populations are addressed by making requested and needed accommodations to insure full utilization and benefits of outpatient treatment and/or enlisting outside resources to insure access to services.

Examples include
➢ ASL for the hearing impaired in conjunction with Deaf Services
OUTPATIENT TREATMENT | PROGRAM PLAN

- Wheelchair accessible facilities
- Bilingual staff, Language Line, and foreign language interpreters
- Specially trained staff to meet the needs of dually diagnosed persons
- Ongoing cultural competence training
- Signage in Brail for the visually impaired
- Coordination with other public and private agencies to deliver specialized services for specific disorders/disabilities

INTERDISCIPLINARY TEAM APPROACH
The disciplines of counseling, social work, psychology, nursing and psychiatry comprise the interdisciplinary treatment team. Team interaction occurs at a regularly scheduled weekly team meeting to review the intake assessment, diagnosis, treatment needs and goals/objectives of the person served, and the plan of care (POC). During this staff meeting each person accepted for treatment is assigned a primary therapist who provides outpatient services and works closely with the assigned physician to coordinate care.

SERVICE LOCATIONS

Individuals seeking services should contact the clinic in their county of residence

Anderson Mental Health Center
200 McGee Road
Anderson, SC 29625
864-260-2220

Pickens Mental Health Clinic
337 West Main Street
Easley, SC 29640
865-878-6830

Oconee Mental Health Clinic
115 Carter Park Road
Seneca, SC 29678
864-885-0157

Child, Adolescent & Family
William E. Pascoe Center*
515 A Camson Road
Anderson, SC 29625
864-716-2316

*This center is for Anderson County C&A services, the Pickens and Oconee County satellite clinics provide C&A services within their respective clinics.

Anderson County DSS
224 McGee Road
Anderson, SC 29625
(864)260-4450

Anderson County DJJ
201 N Main Street #102
Anderson, SC 29624
(864)260-4041

Pickens County DSS
212 McDaniel Avenue
Pickens, SC 29670
(864)868-2931
School Based Services are located in the following schools listed by County:

**Anderson County**

Glenview Middle School  
2575 Williamston Road  
Anderson, SC 29621  
(864)716-4060

McCants Middle School  
2123 Marchbanks Avenue  
Anderson, SC 29621  
(864)260-5145

Southwood Academy of the Arts  
1110 Southwood Street  
Anderson, SC 29624  
(864)260-5205

Westside High School  
806 Pearman Dairy Road  
Anderson, SC 29625  
(864)222-3929

Mount Lebanon Elementary School  
2850 Lebanon Road  
Pendleton, SC 29670  
(864)403-2400

Townville Elementary School  
105 Townville Road  
Townville, SC 29689  
(864) 403-2600

Pendleton High School  
324 South Carolina 187  
Anderson, SC 29625  
(864)403-2100

Lakeside Middle School  
315 Pearman Dairy Road  
Anderson, SC 29625  
(864)260-5135

Robert Anderson Middle School  
2302 Dobbins Road  
Anderson, SC 29626  
(864)716-3890

TL Hanna High School  
2600 Hwy 81 North  
Anderson, SC 29621  
(864)260-5110

LaFrance Elementary School  
550 Williams Street  
Pendleton, SC 29670  
(864)403-2300

Pendleton Elementary School  
902 East Queen Street  
Pendleton, SC 2967  
(864)403-2500

Riverside Middle School  
458 Riverside Street  
Pendleton, SC 29670  
(864)403-2223
Oconee County

Blue Ridge Elementary  
995 South Oak Street  
Seneca, SC 29678  
(864) 886-4550

Walhalla High School  
151 Razorback Lane  
Walhalla, SC 29691  
(864)886-4490

Walhalla Middle School  
177 Razorback Lane  
Walhalla, SC 29691  
(864)886-4485

Tamassee DAR School  
1925 Bumgardner Drive  
Tamassee, SC 29686  
(864)944-3022

Pickens County

Ambler Elementary School  
838 Ambler Road  
Pickens, SC 29671  
(864)397-1200

Gettys Middle School  
510 South Pendleton Street  
Easley, SC 29640  
(864)397-3921

Chastain Elementary School  
940 Chastain Road  
Liberty, SC 29657  
(864)397-4876

Easley High School  
154 Green Wave Boulevard  
Easley, SC 29642  
(864)397-3122

Pickens County Career & Technology Center  
990 Chastain Road  
Liberty, SC 29657  
(864) 397-4548