

OUTPATIENT TREATMENT | PROGRAM PLAN

GENERAL DESCRIPTION

The Outpatient Treatment Program provides a variety of treatment services that include individual, group, and family counseling and education on recovery, wellness and resiliency. Treatment is provided in a coordinated, comprehensive, and defined structure and may vary in level of intensity and frequency. Level of intensity and frequency of services is tailored to meet the individualized needs of the person served. Treatment services are designed to assist the person served to achieve identified goals toward recovery, related to areas such as psychological or social functioning, self-esteem, and growth, coping and decision-making abilities, relational problems, and mental illness symptom reduction.

Records are maintained in an electronic medical records system designed and maintained by the South Carolina Department of Mental Health. This includes a standardization of assessment forms, physician's medical assessments and clinical service notes. This technology allows immediate access of medical records of any active or discharged client from anywhere in the state of South Carolina. Tele-psychiatry availability is expanding and we have invested in the equipment necessary to capitalize on this service. We additionally maintain a website allowing person's served access to information concerning services available.

We fully integrate treatment with other agencies such as Vocational Rehabilitation, including having one of their staff located in our facility. They work hand-in-hand with our own Individual Placement and Support (IPS) clinician to facilitate employment opportunities. We work with Behavioral Health for substance abuse treatment, and with clients with a serious mental illness and substance use we provide our own Dual Diagnosis services. Out-stationed child and adolescent staff are located at our Department of Social Services office in Anderson. School Mental Health staff in our catchment area also integrate services within school systems.

In conjunction with Outpatient Treatment persons served may also receive Targeted Case Management Services to address emerging needs such as housing, financial needs, and medical home needs.

POPULATION

Outpatient Treatment Services are available to adults, children, and adolescents and their families.

ADMISSION CRITERIA

Any person experiencing a treatable mental illness and who could likely benefit from individual, group, or family therapy is eligible for admission. There is no referral necessary, eliminating a frequent barrier to treatment. Maximum benefit from this program is expected to be reached within a six-month time frame. With sufficient justification, the length of treatment may be extended based on the needs of the client. Referral sources and recommendations will be provided as needed by clinical staff, or at the request of the person served.

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HOURS OF OPERATION

Outpatient services are available Monday through Friday, 8:30 a.m. to 5:00 p.m. This program is closed on DMH approved Holidays. Additional hours may be available on request.

AFTER HOURS CONTACT

Emergency after-hours crisis intervention is available by calling the AOP Center phone number or County Clinic phone number, which is transferred to a centrally answered Mobile Crisis line for after-hours services and response. The Mobile Crisis staff are on-call to respond to calls needing a Mental Health Professional's (MHP) intervention. This intervention may include responses in the community both during after hours, for assessment and consultation.

ADEQUATE RESOURCES

Provision of outpatient treatment continues to be a priority for the AOP Board of Directors and our Mental Health Center. Staff assignments and other financial resources are allocated to support the Outpatient Treatment Program. Adequate facility space is provided for staff to meet client needs for treatment in a comfortable setting.

TREATMENT SETTING

Outpatient treatment may be provided in a number of settings based on treatment needs for the person served. Outpatient Treatment is provided in clinic as well as community based settings.

PHILOSOPHY

We believe the people we serve have the right to personal dignity, respect, and the highest possible degree of independence. We are committed to services that promote the individual's recovery from mental illness and that are delivered in the least restrictive environment.

In active partnership with the person served, Outpatient Treatment provides services that are based on individual strengths, needs, abilities, and preferences with a focus on building or increasing existing levels of functioning and reducing symptoms of mental illness. Emphasis is placed on helping the person served accomplish self-described goals, as well as increasing abilities to function within the family, school, workplace and/or community.

FEES AND PAYOR SOURCES

The Department of Mental Health accepts major payer sources including Medicaid, Medicare and Private Insurance. During the administrative intake, individuals are provided a copy of the current rate schedule. At any time individuals may contact their local clinic to ask the administrative specialist current rate schedules, or to determine insurance coverage.

Unanticipated service modification, reduction, and other exits/transitions precipitated by funding and other resource issues will be addressed through rapid referral and placement.

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GOALS, OBJECTIVES, OUTCOMES

- To provide timely and accurate assessment that identifies behaviors, symptoms, and issues that may benefit from treatment and provide the necessary framework for treatment planning.
- To provide linkage and integration with other community services when indicated.
- To assist individuals and families to meet identified goals through the use of brief strategic type interventions such as cognitive behavioral therapy, education on wellness and recovery, and interpersonal and/or social skills development.
- To maximize individual and/or family functioning.
- To measure and demonstrate progress of the person served through the use of such outcomes measures as client employment, housing, and community tenure, achievement of client self-described goals, AOP Post Assessment Survey and DMH Survey.

DESCRIPTION OF SERVICES

Outpatient treatment is provided on a one-to-one basis or in groups and includes the following list of services that are provided directly, based on the needs of the person served. Any needs outside the scope of AOP providers will be addressed through direct referral to an appropriate treatment provider or through care coordination. AOP has no standing contract agreements for any service provision.

MHP:

Assessment
Individual Therapy
Family Therapy
Group Therapy
Crisis Intervention Service
Service Plan Development
Family Outreach Services
Dual Diagnosis Services
Intensive Community Treatment (ICT)

MHP & Non-MHP:

Family Support
Behavioral Modification Services
Peer Support Services
Individual Placement and Support Services (IPS)

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MD:

Psychiatric Medical Assessment
Injection Administration Services

Nursing:

Nursing Service
Medication Monitoring
Injection Administration Service

Staff credentials are determined by the state Office of Credentialing and Privileging in accordance with state, federal, and Medicaid requirements.

SPECIAL POPULATIONS

Needs of special populations are addressed by making requested and needed accommodations to insure full utilization and benefits of outpatient treatment and/or enlisting outside resources to insure access to services.

Examples include

- ASL for the hearing impaired in conjunction with Deaf Services
- Wheelchair accessible facilities
- Bilingual staff, Language Line, and foreign language interpreters
- Specially trained staff to meet the needs of dually diagnosed persons
- Ongoing cultural competence training
- Coordination with other public and private agencies to deliver specialized services for specific disorders/disabilities

INTERDISCIPLINARY TEAM APPROACH

The disciplines of counseling, social work, psychology, nursing and psychiatry comprise the interdisciplinary treatment team. Team interaction occurs at a regularly scheduled weekly team meeting to review the intake assessment, diagnosis, treatment needs and goals/objectives of the person served, and the plan of care (POC). During this staff meeting each person accepted for treatment is assigned a primary therapist who provides outpatient services and works closely with the assigned physician to coordinate care.

SERVICE LOCATIONS

Individuals seeking services should contact the clinic in their county of residence

Anderson Mental Health Center
1 Linwa Boulevard
Anderson, SC 29621
864-260-2220

Oconee Mental Health Clinic
115 Carter Park Road
Seneca, SC 29678
864-885-0157

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Pickens Mental Health Clinic
337 West Main Street
Easley, SC 29640
865-878-6830

Child, Adolescent & Family
1 Linwa Boulevard
Anderson, SC 29621
864-716-2316

*This center is for Anderson County C&A services; the Pickens and Oconee County satellite clinics provide Child and Adolescent services within their respective clinics.

Anderson County DSS
224 McGee Road
Anderson, SC 29625
(864)260-4450

School Mental Health Services are located in the following schools listed by County:

Anderson County

Glenview Middle School
2575 Williamston Road
Anderson, SC 29621
(864)716-4060

Palmetto High School
804 N. Hamilton St.
Williamston, SC 29697
(864)847-7311

Robert Anderson Middle School
2302 Dobbins Road
Anderson, SC 29626
(864)716-3890

Wren Middle School
1010 Wren School Rd.
Piedmont, SC 29673
(864)850-5930

TL Hanna High School
2600 Hwy 81 North
Anderson, SC 29621
(864)260-5110

Wren High School
905 Wren School Rd.
Piedmont, SC 29673
(864)850-5900

Westside High School
806 Pearman Dairy Road
Anderson, SC 29625
(864)222-3929

LaFrance Elementary School
550 Williams Street
Pendleton, SC 29670
(864)403-2300

Palmetto Middle School
803 N. Hamilton St.
Williamston, SC 29697
(864)847-4333

Townville Elementary School
105 Townville Road
Townville, SC 29689
(864) 403-2600

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Mount Lebanon Elementary School
2850 Lebanon Road
Pendleton, SC 29670
(864)403-2400

Centerville Elementary
1529 Whitehall Road
Anderson, SC 29625
(864) 260-5100

Pendleton Elementary School
902 East Queen Street
Pendleton, SC 2967
(864)403-2500

Nevitt Forest Elementary School
1401 Bolt Dr.
Anderson, SC 2621
(864) 260-5190

Riverside Middle School
458 Riverside Street
Pendleton, SC 29670
(864)403-2042

Starr-Iva Middle School
1034 Rainey Road
Starr, SC 2968
Phone: (864) 352-6146

Pendleton High School
7324 South Carolina 187
Anderson, SC 29625
(864)403-2041

Whitehall Elementary
702 Whitehall Road
Anderson, SC 29625
(864) 260-5255

Crescent High School
9104 Highway 81 South
Iva, SC 29655
Phone: (864) 352-6175

Palmetto Elementary
1 Roberts Blvd.
Williamston, SC 29697
(864) 847-5442

Powdersville Middle School
130 Roe Rd.
Greenville, SC 29611
(864) 269-1821

Hunt Meadows Elementary
420 Hunt Road
Easley, SC 29642
(864) 850-3987

Powdersville High School
145 Hood Road
Greenville, SC 29611
(864) 312-5641

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Oconee County

Seneca High School
100 Bobcat Ridge
Seneca, SC 29678
(864) 886-4460

Seneca Middle School
810 W South 4th St.
Seneca, SC 29678
(864) 886-4455

Walhalla High School
4701 SC-11
Walhalla, SC 29691
(864) 886-4490

West Oak High School
130 Warrior Ln
Westminster, SC 29693
(864) 886-4530

Walhalla Middle School
151 Razorback Ln
Walhalla, SC 29691
(864) 886-4485

West Oak Middle School
501 Westminster Hwy
Westminster, SC 29693
(864) 886-4525

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Pickens County

Gettys Middle School
510 South Pendleton Street
Easley, SC 29640
(864)397-3921

Dacusville Middle School
899 Thomas Mill Road
Easley, SC 29640
(864) 397-3500

Liberty Middle School
125 Falcon Lane
Liberty, SC 29657
(864)397-3400

Easley High School
154 Green Wave Boulevard
Easley, SC 29642
(864)397-3122

Liberty High School
124 Red Devil Drive
Liberty, SC 29657
(864)397-2600

Pickens Middle School
140 Torch Dr.
Pickens, SC 29671
(864) 397-4100

R.C. Edwards Middle School
1157 Madden Bridge Rd.
Central, SC 29630
(864) 397-4200

Project GO
A.R. Lewis Opportunity School
1755 Shady Grove Rd
Pickens, SC 29671
(864)397-1300

Pickens High School
150 Blue Flame Drive
Pickens, SC 29671
(864) 397-3600

Daniel High School
140 Blue and Gold Boulevard
Central, SC 29630
(864) 397-2900